

Michael (Mike) Joseph Cunningham (BSc, DipIT, MPhil, PhD)

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Current Position (March 2007 - ongoing)

- **Postdoctoral Position Applicant**
- **Freelance Medical Writer, Editor, and Instructional Designer** - print and computer-based educational training programs <http://www.miked.biz/>

Education (BSc, Dip IT, M Phil, PhD)

- PhD (2007), Dept. of Psychology, Macquarie University, Sydney, Australia
- Master of Philosophy (1997), by research, University of Manchester, England
- Post-Graduate Diploma in IT (1993), Maynooth, National Univ. of Ireland
- BSc in Life Sciences (1992), National Univ. of Ireland, Galway
- Completed 4 years of Medicine (1985-90), University College Galway, Ireland

Publications

- Cunningham, M., & Wuthrich, V. (2008) Examination of Barriers to Treatment and User Preferences With Computer-based Therapy Using The Cool Teens CD for Adolescent Anxiety. E-JAP [Online] 4:2. <http://ojs.lib.swin.edu.au/index.php/ejap/article/view/115/144>.
- Cunningham, M. (2008) Overview of Design Approaches in The Cool Teens CD and Other Programs for Adolescent Anxiety. E-JAP. <http://ojs.lib.swin.edu.au/index.php/ejap/article/view/116/145>
- Cunningham, M.J., Wuthrich, V.M., Rapee, R.M., Lyneham, H.J., Schniering, C.A., & Hudson, J.L. (2008). The Cool Teens CD-ROM for anxiety disorders in adolescents: A pilot case series. *European Child & Adolescent Psychiatry*. 2009 Feb;18(2):125-9.
- Cunningham, M.J., Donovan, C.L., & March, S. (2007). Developing and Delivering Computer-based CBT for Anxiety Disorders in Young People. In D. Einstein, (Ed). *Innovations and Advances in Cognitive Behaviour Therapy*. Australian Acad Press.
- Cunningham, M.J. (PhD Thesis, 2007). *Development and Evaluation of a Computer-Based Program for the Treatment of Anxiety Disorders in Adolescents*. Macquarie University, Sydney, Australia.
- Cunningham, M.J., Rapee, R.M., & Lyneham, H.J. (2007). Overview of the Cool Teens CD-ROM for Anxiety Disorders in Adolescents. *Behavior Therapist*, 30, 15-19.
- Cunningham, M.J., Rapee, R.M., & Lyneham, H.J. (2006). Feedback to a prototype self-help computer program for anxiety disorders in adolescents. *AeJAMH*, 5(3). www.auseinet.com/journal/vol5iss3/cunningham.pdf
- Cunningham, M.J., Rapee, R.M., & Lyneham, H.J. (2006). The Cool Teens CD-ROM: A self-help program for adolescents with anxiety. *Youth Studies Australia*, 25, 50-6.
- Cunningham, M. (1997). *The Development, Use and Evaluation of Computer Based Courseware in BioMediCAL Education*. Master's Thesis. Univ. of Manchester.

Computer Programs

- Wuthrich, V.M., Lyneham, H.J., Cunningham, M.J., & Rapee, R.M. (2007). Anxiety Module Script. Climate Schools Program, Clinical Research Unit for Anxiety Disorders. www.climateschools.tv
- Cunningham, M.J. (2007, for research purposes). *Overview of The Cool Teens CD-ROM - An anxiety management program for young people - A Manual for Therapists*. Macquarie University Anxiety Research Unit (MUARU), Sydney.
- Cunningham, M.J., Rapee, R.M., Lyneham, H.J., Schniering, C.A., Hudson, J.L., & Wuthrich, V. (2006). *The Cool Teens CD-ROM - An anxiety management program for young people*. Macquarie University Anxiety Research Unit (MUARU), Sydney.
- Cunningham, M.J. (2006). *Interactive Clinical Case Experience*. <http://www.miked.biz/icce/>.
- Cunningham, M.J. et al. (2001). Designer and Medical Editor of 20 CD-ROMs, web sites, and e-Learning programs for Learning management Systems, including award-winning Continuing Medical Education web site (*mypatient.com*, no longer active). I.C. Axon Clients, Montreal.
- Guttman, G, Cunningham, M.J. et al. (1998). *U-SCALE - Human Anatomy Computer Aided Learning Modules (1997-98)* Dept. Anatomy, Univ. of Saskatchewan.
- Shavron, R., Stephenson, J., Cunningham, M., Guttman, G. (1998). *Mandibular nerve anesthesia*. Journal of CAL Dentistry, 3(2).
- Cunningham, M.J. et al. (1994 - 97). *BioMediCAL CD ROM*. Joint author and programmer of 30 Multimedia Programs for Medical Education, School of Biological Sciences, Univ. of Manchester.

Sample Presentations & Posters

- Cunningham, M.J., & Rapee, R.M. (Oct 2006). *Early User Feedback to Cool Teens CD-ROM for Anxiety Disorders*. Symp: "Internet-based interventions for anxiety & depression in children/adolescents". AACBT, Sydney.
- Cunningham, M.J., Wuthrich, V., Lyneham, H.J., & Rapee, R.M. (Sept 2006). *The Cool Teens CD-ROM for Anxiety Disorders in Adolescents? "Accessible CBT: issues in the delivery to adolescents"*. EABCT, Paris.
- Cunningham, M.J., & Rapee, R.M. (Sept 2006). *Converting traditional adolescent CBT materials into a format for computer-based delivery*. [Presentation & Poster] 17th IACAPAP World Congress, Melbourne.
- Cunningham M, D'Eon M, Guttman G. (May 1999). *Patterns of Resource Use for Gross Anatomy*. Poster, Canadian Medical Education Meeting, Winnipeg.
- Cunningham M, D'Eon M, Guttman G. (July 1998). *Integrating & Evaluating the U-SCALE Project*. [Poster]. Am Assn Anatomists, San Fran.
- Cunningham M, D'Eon M, Guttman G. (April 1998). *The U-SCALE Project*. Poster, Canadian Assocs of Med Colleges/Educ meeting, Ottawa.
- Cunningham, M.J. (July 1997) *Computer Based Assessment: Production, use & evaluation of a CBA program*. CUBE '97, Liverpool.
- Richardson H, Mahon M, Cunningham M, Miller I (1996). Student development of interactive multimedia CAL packages. Abstract and computer demonstration, *Physiological Society Meeting*, 496, 8-9, Edinburgh.

Grants, Awards, Media Articles

- Cunningham, M.J., & Cool Teens Team. (2006). Cool Teens CD-ROM. "Highly Commended", *Macquarie University Innovation Awards* - Postgrad category.
- Cunningham, M.J., & Cool Teens Team. (2006). Cool Teens CD-ROM. *Winner, Youth Category, Mental Health Matters Awards*. Mental Health Assn NSW Inc.
- Cunningham, M.J. (2006). *Donald J. Cohen Travel Fellow* of the International Association of Child and Adolescent Psychiatry (IACAPAP) to attend Congress.

- Rapee, R.M., Cunningham, M.J. (2006-8). Evaluation of a self-help multimedia computer program for adolescents with anxiety disorders. Mental Illness Grant, *Rotary Australia Health Research*.
- Cunningham, M.J. (2006). *Macquarie University Postgraduate Research Fund* (\$4,000) to attend EABCT 2006, Paris.
- Cunningham, M.J. (2005). *ASPR Student grant-in-aid* (\$1,000) to present at Australasian Society for Psychiatric Research annual meeting
- Rapee, R.M., Cunningham, M.J. (2004-5). Development of a Community Outreach Self-Help Computer-Based Program for the Treatment of Anxiety in Young People. *Macquarie University Vice Chancellor Development Fund grant*.
- Cunningham, M.J. (2004-07). 3-year *international Macquarie University Research Scholarship (iMURS)*, Sydney, Australia.
- Cunningham, M.J. (2006). New home-based treatment program for anxious teens. *Macquarie University*: http://www.postgradandbeyond.mq.edu.au/ewsletter/health/issue_4_06_stories/story3.html.
- Cunningham, M.J. (2006). Interview on Macquarie University Research program. *Inquire MQ*, 2SER.com community radio.

Memberships, Reviewing, Student Supervision, Etc.

- Reviewer: *Journal of Pediatric Psychology* and *E-JAP*. Special Issues
- Master's Thesis Reviewer x 1. (2007). Macquarie University.
- Abstracts peer reviewer. (2006). World Congress on Internet in Medicine
- Student member: ISRII (ongoing), ISMHO (2006), AACBT (2006), ASPR (2005), Mental Health Research Network Ireland (2006)
- CSIRO Student Research Scheme NSW. (2005/06). Host scientist.
- Student Committee Member (2005/06). Postgraduate Research Festival.
- MSc Students. (2004/05). Co-supervised 4 projects, Macquarie University.

References: By request

Past Positions:

1. **Communication Manager** (10/2002 - 12/2002), PHOCUS Inc., Basel, Switzerland.
2. **Medical Editor** (08/2001 - 06/2002), IC Axon Inc., Montreal, Canada.
3. **Multimedia Software Developer/Product Manager** (04/1999 - 07/2001), IC Axon Inc., Montreal, Canada.
4. **Instructional Designer/Multimedia Developer** (10/1997 - 12/1998), U-SCALE Project, Dept. of Anatomy, Univ. of Saskatchewan, Canada.
5. **BioMedical Computing Assistant** (03/1994 - 09/1997), School of Biological Sciences, University of Manchester, England.
6. **Customer Support Centre Assistant** (06/1993 - 03/1994), Intel Corporation, Swindon, Wiltshire, England.
7. **Departmental Assistant** (Summer 1989), Dept. of Experimental Medicine, University College Galway, Ireland.